

A.M. SERMON NOTES
9/13/2026

TAKING A GOOD LOOK AT YOURSELF

(Colossians 3:1-4)

INTRODUCTION

More than just our physical appearance; it's a spiritual look.

(Eph. 5:15) "See then that ye walk circumspectly" - look in all directions.

7 DIRECTIONS IN WHICH TO "LOOK"

1. LOOK UPWARD

In prayer - (John 17:1; Psalm 5:3; Phil. 4:6; 1 Thess. 5:17)

In praise and thanksgiving - (Heb. 13:15; Rev. 22:9)

In attitude - (Col. 3:1-2) "set your affection on things above"

2. LOOK DOWNWARD

In humility - (Col. 3:12; Psalm 8:3-4)

In caution - (1 Cor. 10:12) "let him that thinks he stands take heed lest he fall"

3. LOOK FORWARD

In hope - (Titus 1:2; Heb. 11:8-10)

In confidence - (2 Cor. 5:1-9; 1 John 5:13) "know"

4. LOOK BACKWARD

In remembrance of life's lessons - what to do and what not to repeat.

In partaking of the Lord's supper - (1 Cor. 11:25) "in remembrance of me"

Remembering sins that need forgiveness.

5. LOOK INWARD

It's a self-examination time - (2 Cor. 13:5; Luke 6:46)

Am I right with God? - (2 Tim. 2:15; 1 Thess. 5:21; Acts 17:11)

6. LOOK OUTWARD

In vigilance - (Matt. 26:41; 1 Peter 5:8)

For opportunities to help someone - (Gal. 6:2)

In seeking the lost - (Prov. 11:30) "... and he that winneth souls is wise"

7. LOOK CHRIST-WARD FOR SALVATION

(Matt. 1:21) "... for he shall save his people from their sins"

(John 14:6) "I am the way, the truth, and the life: no man comes to the Father but by me"