

A.M. OUTLINE  
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**DEVELOPING AN "ATTITUDE OF GRATITUDE"**

(Psalm 8:1-9)

**INTRODUCTION:** for Christians, everyday is a day of thanksgiving.

**We are taught to be thankful by admonition:** (Col. 2:7, 3:15, 3:17, 4:2;  
Eph. 5:20; 1 Thess. 5:18)

**We are taught by example:**

**Jesus** - (Matt. 26:26-27) "and gave thanks"  
**David** - (Psalm 100:4) "be thankful unto Him"  
**Daniel** - (Dan. 6:10) "and gave thanks before his God, as he did aforetime"  
**Paul** - (Acts 27:35; Phil. 1:3)

**HOW DO WE BECOME A THANKFUL PEOPLE?**

**1. REMEMBER NOT TO FORGET**

(Psalm 103:2) "forget not all His benefits"  
Story of Joseph and the butler: (Gen. 40:14, 23)  
(Luke 17:17) "Were there not ten cleansed? But where are the nine?"

**2. DO NOT MAJOR ON YOUR TROUBLES**

Count your blessings, not your blights and bruises.  
Firmly believe: (Rms. 8:28) "all things work together for good ..."

**3. DO NOT CONCENTRATE ON WHAT YOU DO NOT HAVE**

(1 Tim. 6:8) "and having food and raiment let us be therewith content"  
(Heb. 13:5) "be content with such things as ye have"

**4. CONSIDER HOW DESTEATABLE INGRATITUDE REALLY IS**

(Rms. 1:21) "neither were thankful" is in the list of horrible things.  
(2 Tim. 3:1-5) "unthankful" is included in the list of perilous times.

**5. PRACTICE EXPRESSING YOUR GRATITUDE**

By your words: (1 Thess. 5:18; Eph. 5:20)  
By your life: (Psalm 116:12)

**6. DO NOT TAKE COMMONPLACE THINGS OF LIFE FOR GRANTED**

**7. AVOID OVER-EMPHASIZING THE LUXURIES OF LIFE**

(Luke 12:15) "a man's life consists not in the abundance of things he possesses"

**8. DO AWAY WITH MURMURING & COMPLAINING:** (1 Cor. 10:10; Phil. 2:14)

**9. WE ARE A RECIPIENT OF SPIRITUAL THINGS; DON'T FORGET THE GIVER**  
Pray, "God, give me a thankful heart."